

Better Together

Drive meaningful, sustained engagement in the right programs with deeply personalized experiences



Livongo by Teladoc Health empowers people with chronic conditions to live better and healthier lives, including support for multiple chronic conditions – diabetes, prediabetes, hypertension, weight management, and mental health – by driving behavior change through the combination of consumer health technology, personalized recommendations, and real-time support at the point of impact. Powered by advanced analytics, Livongo creates personalized experiences for members so they receive the right information, tools, and support, at the right time. Their approach is leading to measurable, positive financial and clinical outcomes while creating a better experience for all people with chronic conditions.



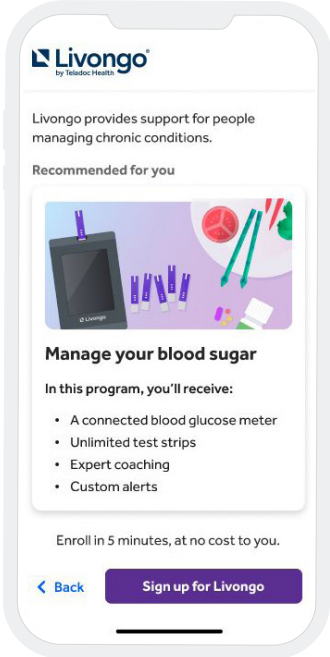
How to keep diabetes in check

A diagnosis of type-2 diabetes triggers outbound communications nudging Maya to engage with Livongo. Her experience is tailored to support her controlled diabetes.

Maya

Health Goal: Manage My Weight
Diagnosis: Type 2 Diabetes
Dx Code: ICD-10 Code E11


Scan to explore:



Livongo
by Teladoc Health

Livongo provides support for people managing chronic conditions.

Recommended for you



Manage your blood sugar

In this program, you'll receive:

- A connected blood glucose meter
- Unlimited test strips
- Expert coaching
- Custom alerts

Enroll in 5 minutes, at no cost to you.

[Back](#) [Sign up for Livongo](#)

Castlight's best-in-class digital health partners are committed to helping members stay healthy, manage conditions, and access care

Engagement
Better Together

2.5X

increase in engagement with
Livongo

when member outreach is
personalized with Castlight

Clinical Outcomes
Better Together

 ~8%

lower diabetes-related
medical spend

when members have access
to **Livongo by Teladoc Health**
versus those without

“We’ve seen a tremendous impact—Castlight’s health navigation platform is helping to direct the right people to Livongo, [Teladoc Health’s chronic care management solution].”

– VP of Clinical Programs
Teladoc Health